

Psychological First Aid (PFA)

17th August, 2016

Programme Schedule

Faculty

1. Dr Sandhya Gupta (Coordinator) (Mental health Nursing)
2. Dr Amit Gupta (Trauma Centre)
3. Dr Sujata Satpathy (Department of Psychiatry)
4. Ms Lalengkimi Chawngthu (Co-Cordinator) (Nursing Services-AIIMS)

Venue: Room No 151, Physiotherapy Unit, 1st Floor, JPN Apex Trauma Center, AIIMS, New Delhi, India

Time	Topic	Speaker
0830-0900	Registration	
0900-0915	Pre-Test	
0915-0930	Inauguration of Workshop	Dr. Amit Gupta
0930-0945	Introduction	Dr. Sandhya Gupta
0945-1000	Definition and Concept of PFA	Dr. Sujata Satpathy
1000-1015	Need for psychological first aid	Ms. Lalengkimi
1015-1045	Signs of emotional distress - Case based discussion - A	Dr. Sandhya Gupta Ms. Lalengkimi
1045-1100	Break	
1100-1130	Signs of stress - Case based discussion - B	Dr. Sandhya Gupta Ms. Lalengkimi
1130-1200	Elements of psychological first aid – PFA Case based discussion – C	Dr. Sandhya Gupta Ms. Lalengkimi
1200-1400	Techniques of PFA <ul style="list-style-type: none">• Role Play – A – Followed by discussion• Role Play – B – Followed by discussion• Role Play – C – Followed by discussion	Dr. Sandhya Gupta Ms. Lalengkimi Ms. Medha Verma Ms. Linda P Mr. Muthu
1400-1420	Elements of self-care and support to colleagues	Dr. Sujata Satpathy
1420-1430	Summarization and Conclusion – 10 Min	Dr. Sandhya Gupta
1430-1445	Post Test	Ms. Lalengkimi
1445	Certificate Distribution and Closure	ALL